



Choose to...

***Humble yourself in relation to those more mature,
because your present growth and future reward are at stake.***

Let someone you trust help hold you accountable to living out the truth of God's Word.

Paul wrote of a humble heart in Phil. 2:1-8:

"Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross."

Mother Teresa's list of practicing humility:

1. *Speak as little as possible about yourself.*
2. *Keep busy with your own affairs and not those of others.*
3. *Avoid curiosity (she is referring to wanting to know things that should not concern you.)*
4. *Do not interfere in the affairs of others.*
5. *Accept small irritations with good humor.*
6. *Do not dwell on the faults of others.*
7. *Accept censures even if unmerited.*
8. *Give in to the will of others.*
9. *Accept insults and injuries.*
10. *Accept contempt, being forgotten and disregarded.*
11. *Be courteous and delicate even when provoked by someone.*
12. *Do not seek to be admired and loved.*
13. *Do not protect yourself behind your own dignity.*
14. *Give in, in discussions, even when you are right.*
15. *Choose always the more difficult task.*